

2020-2021



**Oklahoma State University**

# 1 IS 2 MANY ANNUAL REPORT

OLIVIA PENDLETON  
OKLAHOMA STATE UNIVERSITY

## Contents

<b>1 is 2 Many Description</b> .....	3
<b>Accomplishments</b> .....	3
<b>Student &amp; Community Involvement</b> .....	4
<b>1 is 2 Many Peer Educators</b> .....	4
<b>Student Advisory Board</b> .....	5
<b>Required Trainings</b> .....	5
<b>Mandatory Online Training</b> .....	5
<b>Title IX Training for Housing &amp; Residential Life</b> .....	5
<b>PEATE Training</b> .....	5
<b>Athletic Trainings</b> .....	6
<b>Greek 100 Peer Educator Training</b> .....	6
<b>Presentations</b> .....	6
<b>Prepare to Program Conference, Sexual Violence Prevention &amp; Response Training</b> .....	6
<b>Don't Do Muffin, Say Somethin'!</b> .....	6
<b>Let's Walk About It Committee Training</b> .....	7
<b>Bagels and BAE Goals</b> .....	7
<b>Programs and Events</b> .....	7
<b>Student Organization Fair</b> .....	7
<b>Xplicit</b> .....	7
<b>Book Club Discussion, Normal People</b> .....	7
<b>Oklahoma Colleges and Universities Instagram Live Event</b> .....	7
<b>Let's Walk About It</b> .....	7
<b>Culture of Consent</b> .....	8
<b>What Were You Wearing Display &amp; Symposium</b> .....	8
<b>Student Dinner &amp; Learn - What's Wrong with my Favorite TV Show</b> .....	8
<b>Crafternoon – Paint and Sip</b> .....	8
<b>It's On Us Week</b> .....	9
<b>Virtual Speaker – Chanel Miller</b> .....	9
<b>Denim Day</b> .....	9
<b>Faculty and Staff Lunch &amp; Learns</b> .....	10

<b>Passive Programs and Outreach .....</b>	<b>11</b>
<b>Tabling .....</b>	<b>Error! Bookmark not defined.</b>
<b>Campaigns .....</b>	<b>11</b>
<b>Funding.....</b>	<b>12</b>
<b>Cost Analysis .....</b>	<b>12</b>
<b>Strategic Focus for 2021-2024.....</b>	<b>12</b>

# 1 is 2 Many Description

Oklahoma State University takes acts of sexual violence extremely seriously and believes that 1 victim is 2 many. The university invites all members of the campus community to be part of the effort to maintain a safe and productive environment in which to live, learn, and be successful by committing to end sexual violence and sexual harassment. It is important for members of our community to understand and receive consent, intervene by being an active bystander when necessary, and support victims of sexual violence.

The 1 is 2 Many program at Oklahoma State University aims to reduce the incidents of sexual violence at Oklahoma State University through on- and off-campus collaborations, student leadership initiatives, social norming campaigns, and prevention education opportunities that raise awareness by promoting effective consent, teaching intervention techniques, reframing the campus culture, and supporting victims.

1 is 2 Many is a part of Student Support and Conduct and is overseen by one full time employee, the Coordinator, with assistance from a Student Programming Assistant for 10 hours per week and a Student Graphic Design and Marketing Assistant for 10-20 hours per week.

## Accomplishments

- 8,072 undergraduate and graduate students completed the online training during 2020-2021 academic year.
- 1 student successfully trained and completed their NASPA Certified Peer Educator certification. 3 previously certified peer educators were retained in the program.
- The Student Advisory Board continued with an average of 10 students at each meeting. Members assisted in planning and implementation of several programs, events, and campaigns.
- Hired a Student Programming Assistant to provide support in research, assessment, programming, and overall strategic planning implementation for 1 is 2 Many.
- Created a five-part video series outlining resources available within the sexual violence reporting process. The videos were part of an online and social media paid campaign to familiarize students with the resources.
- The 1 is 2 Many website has been updated to the OMNI platform.
- Significant steps have been made toward completing requirements outlined in the Office of Violence Against Women grant.
- In collaboration with the Division of Student Affairs and the University of Oklahoma, Channel Miller presented as a virtual guest during Consent Month.
- There were approximately 800 combined participants at in-person events throughout the year.

# Student & Community Involvement

## 1 is 2 Many Peer Educators

1 is 2 Many Peer Educators contribute to positive culture change, by educating their peers about consent, rape culture, bystander intervention, support services, etc. 1 is 2 Many Peer Educators are trained and are available to speak in classes and to student organizations.

- 1 is 2 Many Peer Educator Training

Four students attended a half-day training focused on peer education, community change, and comfortability with content and presenting.

Twice-monthly in-service sessions are held the first and third Tuesday of each month.

NASPA Certified Peer Educator (CPE) training is an effective strategy for building a well-educated and sustainable peer education group. CPE Training helps peer educators develop leadership skills to be able to successfully create and implement campus programs. The training includes eight modules, covering the role of peer education, helping peers make a behavior change, listening skills, response and referral skills, how to take action and intervene, recognizing the role of diversity and inclusivity, programming and presentation skills, self-care, and group dynamics (naspa.org).

Learning did occur over the course of the certification and students identified that the training was helpful and informational.

- 1 is 2 Many Educator Presentations

- *Consent. Support. Intervene.*, is our most popular presentation is led by the 1 is 2 Many Peer Educators. This presentation walks students through the importance of obtaining and practicing effective consent, supporting a friend who may have experienced sexual violence, and how to successfully intervene in a harmful situation. There was one *Consent. Support. Intervene.* presentation provided this year.

- An assessment was completed at the end of the presentation. The assessment highlighted that after participating in the presentation, student participants were able to correctly describe characteristics of consent. And students were also able to identify how to report incidents of sexual violence; every student responded that the police are an option for reporting and 66% of participants indicated 1 is 2 Many as a reporting option.

- *Totally Taboo* sessions, a jeopardy-themed game to learn more about consent and healthy relationships, including education throughout the program. Six sessions were facilitated both in person and virtual. Approximately 75 students were engaged with this program.

- Objectives:

- Reinforce the topics covered in the online training such as consent, healthy relationships, campus resources, and bystander intervention
- Ascertain the quantity of information retained from online training
- Provide real life examples and create an interactive environment in which these topics can be openly discussed

### **Student Advisory Board**

The Student Advisory Board is a group of students that met the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month to discuss sexual violence trends and to work toward creating a culture of consent and care on campus. Student Advisory Board members assisted in creating and implementing culturally relevant and campus specific programming. Members volunteered at 1 is 2 Many events, assisted with marketing, and planned and lead tabling efforts. This was the second year of the Student Advisory Board, and there were 10 students consistently engaged and involved throughout the school year.

## **Required Trainings**

### **Mandatory Online Training (Fall & Spring)**

Oklahoma State University prides itself on providing an enlightening college experience, which demands a safe and healthy student environment. Mandated by the institution, all new students were required to complete online 1 is 2 Many Training, an online sexual violence prevention program. This 1.5-hour interactive video-based program provided critical information about consent, bystander intervention, sexual assault, dating and domestic violence, stalking, and much more. Students were required to complete the program before enrolling in courses for the following semester. Students must have earned at least an 80% on the program's post quiz.

Objectives:

- Participants will gain a better understanding of consent, rape culture, bystander intervention, alcohol, dating/domestic violence, healthy relationships, sexual harassment, and stalking as they contribute to sexual violence.
- Participants will experience an attitude change contributing to the prevention of sexual violence.
- Participants will become aware of the resources and reporting options available on and off campus.

### **Sexual Violence Prevention and Response Training for Housing & Residential Life (Fall)**

This training consisted of three, one-hour trainings and covered minimum information necessary for the staff to feel confident as they appropriately act toward prevention, response, support for students, culture change, and application to position. Additionally, the Coordinator of 1 is 2 Many facilitated the Behind Closed Doors activity about incidents of sexual violence. The training was required by all 2020-2021 Community Mentors: approximately 120 students.

Objectives:

- Student staff members will know the appropriate response to, and reporting requirements for, incidents of sexual violence.
- Student staff members will understand the basics of prevention education to aid in culture change within their living communities.
- Student staff members will understand how to support a student that discloses sexual violence.
- Student staff members will be able to apply training content directly to their position as a Community Mentor.

### **PEATE Training (Fall)**

Leaders in the CEAT, PEATE's of Parker, program learned to lead by example in their living communities by understanding the basics of consent, support for students, and bystander intervention in this one-hour long presentation. Approximately 15 students attended the training.

Objectives:

- Participants will understand impacts of sexual violence on college campuses.
- Participants will understand effective consent.
- Participants will be able to offer support and accurate resources to students that disclose sexual violence.
- Participants will identify and apply chosen forms of effective bystander intervention.

### **Athletic Trainings (Fall & Spring)**

This 30-minute interactive, in-person training focused on healthy relationships, consent, sexual violence prevalence and attitudes, harassment, hazing and bullying, stalking, discrimination, and compliance as mandated by the NCAA. The training was facilitated by the 1 is 2 Many Coordinator and Student Conduct Coordinator. Approximately 480 student athletes were trained.

Objectives:

- Intercollegiate athletics departments are fully knowledgeable about, integrated in, and compliant with institutional policies and processes regarding sexual violence prevention and proper adjudication and resolution of acts of sexual violence.
- The institutional policies and processes regarding sexual violence prevention and adjudication, and the name and contact information for the campus Title IX coordinator, are readily available within the department of athletics.
- All student athletes, coaches, and staff have been educated on sexual violence prevention, intervention and response, to the extent allowable by state law and collective bargaining agreements.

### **Greek 100 Peer Educator Training (Fall)**

Greek 100 is a peer educator program sponsored by Fraternity and Sorority Affairs to educate students about hazing prevention, alcohol and substance abuse prevention, and sexual violence prevention. 1 is 2 Many Coordinator trained around 15 undergraduate peer educators to facilitate the Greek 100 trainings. Each Greek 100 peer education training was 45 minutes with additional time for questions and a completion of a post-test. Each fraternity and sorority were required to have 95% in attendance.

## **Presentations**

### **Prepare to Program Conference, Sexual Violence Prevention & Response Training (Fall)**

As a part of the Prepare to Program cohort, all students were to be trained in several areas, including sexual violence prevention and response. The presentation focused on student leaders and their ability to change the culture to one of care and consent, and to support their peers that have experienced sexual violence. Approximately 80 students attended the presentation.

### **Don't Do Muffin, Say Somethin'! (Fall)**

Students joined 1 is 2 Many for a muffin and to learn more about consent, intervention, and reporting options on campus. This program was offered as two, one-hour breakout sessions during Welcome Week. A total of 18 students attended the presentations.

#### Objectives

- Participants will be able to identify a form of bystander intervention they feel most comfortable using in a harmful situation
- Participants will practice applying bystander intervention to scenarios.
- Participants will understand options for reporting and resources available on and off campus

#### **Let's Walk About It Committee Training (Fall)**

All committee members involved in planning for the Let's Walk About It event attended an hour-long training for trauma informed practices both for producing sexual violence prevention programming and for responding to disclosures of sexual violence. 20 students attended.

#### **Bagels and BAE Goals (Fall)**

As a partnership with Residence Halls Association, students were given bagels and invited to join 1 is 2 Many for a conversation about healthy relationships. The presentation was discussion and reflection focused allowing students to analyze relationships and the goals they have for future relationships. 5 students attended.

## **Programs and Events**

#### **Student Organization Fair (Fall)**

Students had the opportunity to virtually visit with Coordinator of 1 is 2 Many to learn more about 1 is 2 Many volunteer opportunities and involvement with Student Advisory Board. 3 students attended.

#### **Xplicit (Fall)**

Xplicit, an alcohol awareness event hosted by Residence Hall Association, invited 1 is 2 Many set up a table with interactive activities and education to discuss the relationship between alcohol and consent. 39 students interacted with the 1 is 2 Many display.

#### **Book Club Discussion, Normal People (Fall)**

1 is 2 Many partnered with Allied Arts for #petesbookshelf. 10 copies of Normal People by Sally Rooney were purchased to be given out to students and then they were able to follow along with a book chat discussion on Instagram. After the month ended, we hosted a virtual chat to discuss the themes present in the book. All 10 books were distributed, and several students participated in the online discussion, 1 student attended the virtual session.

#### **Oklahoma Colleges and Universities Instagram Live Event (Fall)**

Peer Educators from Oklahoma State University, University of Oklahoma, University of Central Oklahoma, and the Oklahoma Prevention Leadership Committee Youth Advisory Subcommittee collaborated to go live on Instagram. The hosts took questions from the viewer audience and focused the content around consent and bystander intervention.

#### **Let's Walk About It (Fall)**



1 is 2 Many partnered with Omega Delta Phi to carry out aspects of their annual program, Let's Walk About It. Through the mini grant funding program, 1 is 2 Many supplied t-shirts and masks for the event. The Coordinator of 1 is 2 Many also gave the keynote address at the event and Student Advisory Board members provided resources and 1 is 2 Many information for participants. Approximately 100 students attended the event.

### **Culture of Consent (Fall)**

This 4-hour leadership institute was for students with a desire to make the campus and community culture one of consent and respect rather than one permeating rape culture. 2 students attended.

Objectives:

- Participants will be able to identify harmful rape culture themes in society
- Participants will be able to intervene in a potentially harmful situation
- Participants will leave the training equipped to make small scale and large-scale changes to promote a culture of consent

Assessment: Both participants were accurately able to describe rape culture and provide examples of how they could end rape culture on campus.

### **What Were You Wearing Display & Symposium (Fall)**

1 is 2 Many, in collaboration with Wings of Hope and Thrifty Butterfly, hosted the exhibit and symposium honoring survivors of sexual violence. The What Were You Wearing exhibit displays similar outfits to what university students reported wearing during their sexual assault in hopes of raising awareness that there is absolutely nothing one can do to imply consent, including clothing choices. Several students were also highlighted at the event to share their personal experiences of violence and healing. 16 students attended the virtual symposium.

Objectives:

- Participants will review differences between the messages they have received regarding victim blaming and the installation.
- Participants will formulate healthy attitudes and beliefs regarding common "clothing causes sexual violence" rape myth.
- Participants will demonstrate understanding by not asking the question "what were you wearing?" to survivors in the future.
- Participants will discuss the installation with peer groups beyond their attendance.

### **Coffee & Consent (Spring)**

1 is 2 Many distributed coffee and muffins to students while discussing consent. Each cup of coffee came with a reusable cup that had consent messaging. This event was put on for student athletes and the general student population. 16 athletes and 200 general students attended.

### **Student Dinner & Learn - What's Wrong with my Favorite TV Show (Spring)**

Participating students were able to pick up a dinner and then virtually join 1 is 2 to watch clips from their favorite TV shows and movies while discussing some of the concerning themes represented. The discussion for each TV show or movie was led by a 1 is 2 Many Peer Educator or Student Advisory Board member. 5 students attended.

### **Crafternoon – Paint and Sip (Spring)**

Students were invited to enjoy a relaxing evening sipping hot chocolate while following our painting tutorial. Supplies were provided and no experience was needed. This event focused on selfcare as there is often a strong correlation between sexual violence and mental health concerns. 6 students attended

### **It's On Us Week (Spring)**

1 is 2 Many assisted the Student Government Association with the implementation of a weeklong event focusing on sexual violence prevention. Specifically, 1 is 2 Many hosted a Coffee & Consent event and provided materials for the survivor vigil.

### **Virtual Speaker – Chanel Miller (Spring)**

She was known to the world as Emily Doe when she stunned millions with a letter. Brock Turner had been sentenced to just six months in county jail after he was found sexually assaulting her on Stanford's campus. Her victim impact statement was posted on BuzzFeed, where it instantly went viral – viewed by eleven million people within four days, it was translated globally and read on the floor of Congress; it inspired changes in California law and the recall of the judge in the case. Thousands wrote to say that she had given them the courage to share their own experiences of assault for the first time.

Now she reclaims her identity to tell her story of trauma, transcendence, and the power of words. It was the perfect case, in many ways – there were eyewitnesses, Turner ran away, physical evidence was immediately secured. But her struggles with isolation and shame during the aftermath and the trial reveal the oppression victims face in even the best-case scenarios. Her story illuminates a culture biased to protect perpetrators, indicts a criminal justice system designed to fail the most vulnerable, and, ultimately, shines with the courage required to move through suffering and live a full and beautiful life.

Know My Name will forever transform the way we think about sexual assault, challenging our beliefs about what is acceptable and speaking truth to the tumultuous reality of healing. It also introduces readers to an extraordinary writer, one whose words have already changed our world. Entwining pain, resilience, and humor, this memoir will stand as a modern classic.

290 people registered and 184 attended.

### **Denim Day (Spring)**

Denim Day began in the 1990s after an incident in Italy between a young woman and her driving instructor. The young woman reported that the 45-year-old driving instructor forced her out of the car, pulled her jeans off, and raped her. She said he told her that if she told anyone he would kill her. She told her parents and eventually, the man was prosecuted and convicted. However, after an appeal, the Italian Supreme Court ruled that because the girl was wearing very tight jeans, she must have helped the man take off her pants and therefore, it was not rape. The ruling was overturned, and the man released. Enraged by the verdict, the women in the Italian Parliament launched into immediate action and protested by wearing jeans to work. This call to action continues to motivate state agencies across the nation to bring awareness to rape and sexual assault. Students, employees, and community members were encouraged to wear their jeans loud and proud all day and to spread the message that it doesn't matter what a person is wearing, how they act, or what they do, consent is never implied.

At 7:00 pm on April 21, all were invited to join 1 is 2 Many and Wings of Hope for a virtual symposium to discuss the history of Denim Day, resources, and bystander intervention.

### **Faculty and Staff Lunch & Learns (Fall & Spring)**

Each month, 1 is 2 Many hosted a lunch and learn available to all campus faculty and staff. By attending the lunch and learns, the hope was to create a culture change on campus and in the community that includes individuals at every level, especially faculty and staff. At each lunch & learn, a different guest speaker was featured and focused on a topic related to sexual violence prevention.

August: *The Relationship Between Porn and Sexual Violence: Creating a New Narrative through Porn Literacy*

- Injury Prevention Specialist from the Oklahoma Department of Health, Michelle Stansel discussed the relationship between sexual violence and the depiction of sexuality in pornography. 16 attended.

September: *Harassment and Discrimination in the Workplace*

- Participants heard from Adrienne Martinez, former Title IX administrator-turned-attorney, about their role in inherently complex situations and how to be a supportive team member in simple, meaningful ways. 12 attended

October: *Examining Sexual Harassment Among Gender Diverse Students on College Campuses*

- Presented by Kelley Blair, participants were able to identify preventive factors for sexual harassment based on gender. Participants also explored how staff and faculty can encourage inclusivity in their interaction with students and create a space for their students in the classroom and on campus. Approximately 15 attended.

November: *Beyond 'the Talk': Equipping parents and caregivers in talking with their kids about healthy relationships, consent, and sex over the course of a child's lifetime*

- Presented by Michelle Stansel and Shelby Lynch with the Oklahoma Department of Health, participants learned how parents and caregivers can talk with their kids about healthy relationships, consent, and sex over the course of a child's lifetime. 25 attended.

January: *Faith, Sexuality, and Sexual Violence*

- Presented by seminary student Hannah Dipasquale and Pastor Sally Houck, participants discussed the best ways to support students of faith that have experienced sexual violence and to understand the connection between faith, sexuality, and sexual violence. 23 attended

February: *Being Mindful After a Traumatic Event*

- Presented by Mental Health Minded's Alex Russel, participants learned how to support students who have experienced sexual violence through a trauma informed lens. 19 attended

March: *How to Support Someone Alleged of Sexual Violence*

- Presented by the former Mender's Coordinator at Wings of Hope, Chelsea Keel, participants learned the best ways to support someone alleged of sexual violence. 22 attended

April: *Inside Look at Sexual Violence Data at OSU*

- Presented by Director of Student Support & Conduct and Deputy Title IX Coordinator, Aleigha Mariott, participants learned about the findings from the Campus Climate Survey and intentions for application. 23 attended.

## **Passive Programs and Outreach**

### **Violence and Discrimination Awareness & Prevention Mini Grant Program (Fall & Spring)**

1 is 2 Many awarded up to \$1,500 to participating student organizations or research initiatives meeting the mission of the grant program. The mission of the mini grant program was to support campus-wide prevention efforts or research focused on sexual and gender-based harassment and violence. This included but was not limited to programming or research that addressed intimate partner violence, stalking, healthy relationships, LGBTQ+ discrimination, and bystander awareness. The award was issued to Red Pantry and Let's Walk About It. Two other groups interviewed and were offered the grant funding but did not fulfill the requirements.

### **Tabling**

At each tabling event, students can stop by to learn more about the specific topic by engaging in discussion and related activities. The topics included the following:

- Consent & Resources
- Bystander Intervention
- Domestic Violence
- Halloween & Consent
- Stalking Awareness
- Healthy Relationships
- Alcohol & Consent
- Denim Day
- Gender and Sexuality

## **Campaigns**

### **Resource Video Series**

Working with O State TV, 1 is 2 Many created a series of five videos that outlined the different processes, resources, and/or experiences that a student might have when walking through the sexual violence process. The goal was to allow students to become familiar with resources and individuals that they may interact with so choosing to take the next step may not seem as intimidating. These videos were shared on social media and as strategic internet advertisements.

### **Resource Cards**

The newest version of the resource cards not only focus on sexual violence response, but also responding to students that may be in distress, crisis, or need.

## Funding

In the 2020-2021 academic year, 1 is 2 Many was funded through Group II funds and the Violence and Discrimination Awareness & Prevention Fund through the Big XII. The Big XII funding was granted to all institutions in the conference as a result of the funding withheld from the Baylor settlement. All funding is to be used to raise awareness and provide education around gender-based violence. Many other programs and events were funded through donations from local vendors and student organizations.

## Cost Analysis

Program	Purchases	Total Cost	Cost per Participant
Mandatory Online Training	Training software	\$15,000.00	\$1.85
Speaker Chanel Miller	Speaker fees, advertisements	\$7,800.00	\$42.39
Crafternoon	Supplies	\$704.38	\$117.39
Faculty & Staff Lunch & Learns	Supplies, marketing materials, and lunches	\$854.19	\$5.51
Coffee & Consent	Coffee, cups, and muffins	\$1,987.20	\$9.20
Campaigns	Video Series Resource Cards, Posters	\$4,076	Attendance/impact unknown
Engagement Materials	A Frames, attendance prizes, refreshments	\$2,162.94	\$2.70
Mini Grant	Various Awards	\$3,001.72	<\$30.00

## Strategic Focus for 2021-2024

- Establish and enhance programs, campaigns, and initiatives that meet the needs and interests of specific populations of students.
- Employees will engage in, and promote, a campus culture shift to encourage consent, respect, and compassionate response.
- Enhance awareness of support services for student victims and equip students to appropriately respond to peer incidents of crisis.
- Develop and grow the peer education program, student advisory board, and undergraduate intern program.
- Provide general sexual violence prevention, awareness events, and campaigns to campus community.