

1 IS 2 MANY

ANNUAL REPORT

2022-2023



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1 IS 2 MANY DESCRIPTION

Oklahoma State University takes acts of sexual violence extremely seriously and believes that **1 victim is 2 many**. The university invites all members of the campus community to be part of the effort to maintain a safe and productive environment in which to live, learn, and be successful by committing to end sexual violence. It is important for members of our community to understand and receive consent, intervene by being an active bystander, and support victims of sexual violence.

The 1 is 2 Many program at Oklahoma State University aims to reduce the incidents of sexual violence at Oklahoma State University through on- and off-campus collaborations, student leadership initiatives, social norming campaigns, and prevention education opportunities that raise awareness by promoting effective consent, teaching intervention techniques, reframing the campus culture, and supporting victims.

1 is 2 Many is a part of Student Support and Conduct and is overseen by one full time coordinator, with assistance from a graduate teaching assistant for 20 hours per week, and a Student Graphic Design and Marketing Assistant for 10 hours per week.

ACCOMPLISHMENTS

- **8,840** undergraduate and graduate students completed the new student online training since between August 1, 2022 and June 30, 2023.
- Added a graduate assistant to the 1 is 2 Many team to focus on building student groups and student engagement within 1 is 2 Many.
- Coordinated and trained **6** student victim advocates to serve on the first overnight and weekend on call rotation.
- There were over **700** combined participants at in-person events throughout the year, where attendance was tracked.
- Supported or addressed over **249** students in sexual violence response.

STUDENT INVOLVEMENT

1 is 2 Many Peer Educators

1 is 2 Many Peer Educators contribute to positive culture change, by educating their peers about consent, rape culture, bystander intervention, support services, etc. 1 Is 2 Many Peer Educators are trained and are available to speak in classes and to student organizations. 5 students served as Peer Educators for 22-23.

- Students attended a half day training focused on peer education, community change, and comfortability with content and presenting.
- Twice-monthly in-service sessions held the first and third week of each month using the NASPA Certified Peer Education curriculum.

Student Advisory Board

The Student Advisory Board is a group of students that meet the first and third weeks of each month to discuss sexual violence trends and to work toward creating a culture of consent and care on campus. Student Advisory Board members assisted in creating and implementing programming that is culturally relevant and campus specific. Members volunteered at 1 is 2 Many events, assisted with marketing, and planned and lead tabling efforts. This was the fifth year of the Student Advisory Board, and there were about 15 students consistently engaged and involved throughout the school year.

Student Victim Advocates

Student Victim Advocates are available as a resource to students who have experienced sexual violence. Victims can visit with a Student Victim Advocate to learn about resources available on campus. Student Victim Advocates respond to calls between the hours of 5:00pm – 8:00am during the week, as well as over the entire weekend. Their role will be to assist and support students that receive a SANE exam at Stillwater Medical Center, provide basic resources and support, and refer students to a professional advocate the next business day. All Student Victim Advocates participated in a full-day training and two in-service trainings per semester.

TRAININGS AND PRESENTATIONS

Mandatory Online Training

Oklahoma State University prides itself on providing an enlightening college experience, which demands a safe and healthy student environment. Mandated by the institution, all new students were required to complete online training, a 120-minute interactive video-based program which provides critical information about consent, bystander intervention, sexual assault, dating and domestic violence, stalking, specific campus resources, and a mental health awareness component. Students were required to complete the program before enrolling in courses for the following semester. Students must have earned at least an 80% on the program's post quiz.

- Objectives:
 - Participants will gain a better understanding of consent, rape culture, bystander intervention, alcohol, dating/domestic violence, healthy relationships, sexual harassment, and stalking as they contribute to sexual violence.
 - Participants will experience an attitude change contributing to the prevention of sexual violence.
 - Participants will become aware of the resources and reporting options available on and off campus.

Housing and Residence Life Staff

This 1.5-hour training covered minimum information necessary for the staff to feel confident as they appropriately act toward prevention, response, support for students, culture change, and application to position. The training was required by all Community Mentors; approximately 160 students attended and received training,

- Objectives:
 - Student staff members will know the appropriate response to, and reporting requirements for, incidents of sexual violence.
 - Student staff members will understand the basics of prevention education to aid in culture change within their living communities.
 - Student staff members will understand how to support a student that discloses sexual violence.
 - Student staff members will be able to apply training content directly to their position as a Community Mentor.

NCAA ATHLETICS

This 30-minute interactive, in-person training focused on healthy relationships, consent, sexual violence prevalence and attitudes, harassment, hazing and bullying, stalking, discrimination, and compliance as mandated by the NCAA. The training was facilitated by the 1 is 2 Many Coordinator and a Student Conduct Coordinator. Approximately 400 student athletes were trained.

- Objectives:
 - Intercollegiate athletics departments are fully knowledgeable about, integrated in, and compliant with institutional policies and processes regarding sexual violence prevention and proper adjudication and resolution of acts of sexual violence.
 - The institutional policies and processes regarding sexual violence prevention and adjudication, and the name and contact information for the campus Title IX coordinator, are readily available within the department of athletics.
 - All student athletes, coaches, and staff have been educated on sexual violence prevention, intervention, and response, to the extent allowable by state law and collective bargaining agreements.

OTHER TRAININGS & PRESENTATIONS

Department/Group	Topic	Attendance
Summer Bridge	Resource Overview: SS&C	145
Camp Cowboy Staff Training	Students in Distress Training	40
CEAT PEATE Mentors	Resource Overview: SS&C	10
Passport to CEAT	SV Prevention	100
FSA House Director Training	SV Response/Reporting	40
CEAT Lunch & Learn	SV Prevention	125
Center for Sovereign Nations	1 is 2 Many Overview	20
Design, Housing, and Merchandising Internship Course	Sexual Harassment	30
IFC Chapter President and Officer Retreat	FSA SV Response and Accountability Guide	40
Counseling and Counseling Psychology Clinic	Resource Overview: 1 is 2 Many	10
Victimology Course	Victim Services/Victim Advocacy	25
Advancing a Culture of Care Faculty/Staff Training	Supporting Students in Distress	36
Panhellenic Roundtable	FSA SV Response and Accountability Guide	30
Chapter Presentation (Kappa Delta Chi)	Healthy Relationships	12
Chapter Presentation (alpha Kappa Delta Phi)	Totally Taboo Game	25
MGC/NPHC Council Meetings	FSA SV Response and Accountability Guide	50
Chapter Presentation (Gamma Phi Beta)	Healthy Relationships	140
Advancing a Culture of Care Faculty/Staff Training: Spears School of Business	Supporting Students in Distress	20
Advancing a Culture of Care Faculty/Staff Training	Supporting Students in Distress	40
Camp Cowboy: Camp 1	Boundaries 101	80
Camp Cowboy: Camp 2	Boundaries 101	70
Camp Cowboy: Camp 3	Boundaries 101	90
Camp Cowboy: Camp 4	Boundaries 101	80
Camp Cowboy: Camp 5	Boundaries 101	90

PROGRAMS AND EVENTS

ROCK THE BLOCK (FALL)

As a part of the Welcome Week festivities, Student Advisory Board members and 1 is 2 Many staff facilitated a booth for all Rock the Block participants where they tie dyed Consent is Groovy t-shirts. They also visited with students about consent and 1 is 2 Many resources available on campus.



LET'S TALK ABOUT SEX (FALL)

1 is 2 Many Staff advertised on their social media accounts a talk about sex with various health professionals. The panel was made up of Macy Stokes – OSU Coordinator OF Health Education, Dr. Kelly Rhoads - OSU Professor, and Dr. Todd Green from OSU Health Services. Students had access to an anonymous Google Form to ask questions to the panelists. Students submitted questions anonymously. Approximately ten students attended the event.

HOMECOMING SIGN COMPETITION (FALL)

Each year at homecoming, student organizations can design and create a sign that is representative of both their organization and the Homecoming theme. In 2022, the homecoming theme was Hats Off to Cowboy Heroes. The 1 is 2 Many sign read “We believe you. We support you. 1 is 2 Many honors and thanks all who support and advocate for victims of sexual violence.” The sign featured a victim advocate, nurse, counselor, and a police officer with contact numbers for each of those resources on campus. Also featured was a QR code for additional resources and a purple and teal ribbon.



PROGRAMS AND EVENTS

IS ALL PRESS GOOD PRESS? (FALL)

1 is 2 Many created a new event in which they partnered with OPEN resources from the Edmon Low Library (Dr. Kathy Essmiller and Holly Reiter) to engage in a discussion about how sexual violence is discussed by the media and press sources at different levels. 12 students attended a discussion where they examined and critically evaluated famous, well known sexual violence cases.

PETE'S BOOKSHELF BOOK CHAT (FALL)

1 is 2 Many partnered with Student Arts Alliance to read and discuss *Written on the Body*, a book about trans and non-binary survivors of sexual assault and domestic violence. A group of 29 students attended the book discussion and dinner.

SEX-PLORATION (SPRING)

1 is 2 Many partnered with the Multicultural Greek Council and the OSU Queers & Allies Association to initiate discussions about sexuality and how to be sexually healthy in college. 31 students attended the event where they rotated through stations where guest facilitators discussed their area of expertise and shared resources.



CONDOM BINGO (SPRING)

1 is 2 Many and Student Union Activities Board partnered to host Condom Bingo, an event intended to promote safe sexual health. During this event, students played bingo games and trivia games focused on resources, consent, bystander intervention, and sex education. In addition, a wide selection of condom and other safe sex supplies were provided to accommodate a variety of needs. Oklahoma State Department of Health attended to observe and provided a condom demonstration for attendees. 152 students attended the program.

PROGRAMS AND EVENTS

SPRING BREAK PREVENTION PRE-PARTY (SPRING)

1 is 2 Many partnered with the Department of Wellness and multiple other campus organizations to host an awareness fair before students left for spring break. 250 students were anticipated to attend the event and 309 students showed up for the event. Students were given a resource bag and passport when they arrived and were entered to win prizes if they made it to all of the stations at the event.

- 1 is 2 Many hosted a table about Bystander Intervention. Students came to the table and spun the wheel and were given a location where a hypothetical scenario could take place where they could be a bystander. Locations included: Campus, Online, Bars, Work, Random, and Parties. Students then discussed with 1 is 2 Many staff members and SAB volunteers what they would do in that situation and how they can be an active bystander.

DIGITAL STORYTELLING PROJECT (SPRING)

The Digital Storytelling (DS) project was a partnership between 1 is 2 Many, the Higher Education and Student Affairs program, and R is for Thursday. The purpose of the program was to invite members of the campus community to tell their stories as a member of a hidden population. Of the 7 stories that were created, 6 of them were centered around sexual violence victimization. Storytellers worked for several months to create their stories, which were shown at a public screening in March 2023. At the screening, campus and community partners viewed the stories and engaged in a discussion about sexual violence on our campus and how to support students with similar experiences. 95 people attended the event.



PROGRAMS AND EVENTS

SAAM BANNER MAKING EVENT (SPRING)

1 is 2 Many hosted a banner making event for OSU clubs and organizations where they could come and make banners to raise awareness for Sexual Assault Awareness Month. 21 OSU organizations attended the event and made banners with approximately 50 students making the banners. Banners were then hung in the Student Union for the month of April.



DENIM DAY (SPRING)

Throughout the month of April, before Denim Day on April 26th, 1 is 2 Many and SAB raised awareness across campus about sexual assault awareness month and denim day. On April 26th, 1 is 2 Many partnered with Wings of Hope to put on the annual Denim Day event. The event began with a walk from the Thrifty Butterfly on Main Street in Stillwater, back to the Student Union at OSU. Various organizations had tables with resources set up outside of the theater in the student union for students to stop by and check out.



PASSIVE PROGRAMMING

TABLING

- Rock the Block (Fall)
 - Students came to the 1 is 2 Many table and picked out a “Consent is Groovy” t-shirt to tie-dye. Once they had their shirt, students were able to rubber band and wrap them and then dye. Students were also given 1 is 2 Many resources.
- Culture of Consent (Fall)
 - Students stopped by the 1 is 2 Many table and read scenarios that described different examples of situations where consent was needed. Students were then asked to place the scenario on the stoplight board indicating how the people in the scenario should proceed. Red indicated that consent was not present and they should stop. Yellow meant that they should ask more clarifying questions and proceed with caution. And finally green meant that consent was present and they were good to go.
- Alcohol Awareness (Fall)
 - 1 is 2 Many hosted a table outside of the student union where students were invited to learn about safe alcohol consumption. Students were invited to try and pour 1 shot of water into a solo cup to see how accurate their understanding was of how much alcohol was in a single mixed drink. Most students drastically overestimated the amount of alcohol in a single and enjoyed the activity. Students were also provided safe alcohol consumption resources.
- The Masks We Wear (Fall)
 - For this event, 1 is 2 Many hosted a table with white masks and permanent markers. Students were asked to write things about themselves that they were comfortable sharing with other people on the outside of the mask, and then things about themselves that only they knew or that they weren’t ready to share yet on the inside next to their face.



TABLING

- What’s Poppin? (Spring)
 - To welcome students back to the spring semester, 1 is 2 Many handed out little bags of popcorn with resources to students to kick off the spring semester.
- Valentines/Healthy Relationships (Spring)
 - 1 is 2 Many held an informative tabling event with resources, candy, and information about upcoming 1 is 2 Many events in the month of February.
- Sexual Assault Awareness Month (Spring)
 - 1 is 2 Many tabled with information about Denim Day and other SAAM events coming up throughout April. Students were told about Denim Day so that they would have the opportunity to wear denim on the day of.
- Denim Day (Spring)
 - The Monday before Denim Day, 1 is 2 Many students tabled to share information about Denim Day and encourage people to wear denim to show support for survivors.



COLLABORATIONS


1 is 2 Many is proud to partner with many campus and community groups to host programming, collaborate on projects, and provide support to students.

CEAT Parker Hall
 CEAT Student Services
 Center for Sovereign Nations
 Department of Wellness
 Fraternity and Sorority Affairs
 Higher Education and Student Affairs
 Housing and Residential Life
 It’s On Us
 Multicultural Greek Council
 OPEN OKState
 OSU Athletics

OSU Police
 OSU Queers and Allies
 R is for Thursday
 School of Hospitality and Tourism Management
 Student Arts Alliance
 Student Union Activities Board
 Study Abroad
 University Counseling Services
 University Health Services
 Various Student Organizations
 Wings of Hope

MARKETING

Throughout the year, 1 is 2 Many created several different promotional products to increase awareness and marketing of the brand across the OSU campus and Stillwater community. Items included but were not limited to:

- T-shirts
 - At the beginning of the year, 1 is 2 Many created t-shirts that said “OSU Consent” and handed them out at various events, including Lights on Stillwater. 700 t-shirts were made and by the end of the year less than 100 were left. 
- Bus Shelter Advertisements
 - Over winter break of this year between the fall and spring semesters, 1 is 2 Many posters were hung in three bus shelters across campus. The three advertisements covered the topics of bystander intervention, supporting a friend, and victim advocates. 1 is 2 Many resources and contact information were also included on the posters.
- Bathroom Cards
 - Over winter break, 1 is 2 Many staff hung bathroom cards in heavily trafficked buildings across campus, including the Student Union, academic buildings, Colvin Recreation Center, Edmon Low Library, and Greek chapter houses. The cards contain contact information and 1 is 2 Many resources.
- Promotional Items
 - This year 1 is 2 Many also updated and got new promotional items which were used at tabling events and for giveaways. These items included keychains, fidget toys, stickers, Chapstick, buttons, cups, lunch boxes, and tumblers.



STUDENT TESTIMONIALS

When asked what 1 is 2 Many means to them, students shared:

“1 is 2 Many is something I truly appreciate that OSU has for students. I like educating others on sex education and having them learn something that they then know is truly important in regard to consent as well as safe sex. I know this is something important for many impacted by these topics and I am glad to help.” - 1 is 2 Many Peer Educator

“1 is 2 Many has allowed me the opportunity to give back to the OSU community through advocacy. I have been able to learn about and share vital information about sexual violence with other students that has made me a stronger ally for those who experience it. Through 1 is 2 Many, I feel like I am being equipped to enter my workplace, classrooms, and community as a supporter and advocate for those who experience sexual violence.” - 1 is 2 Many Student Victim Advocate

“1 is 2 Many has made the biggest impact on me in college. Not only have I found a group that I feel comfortable and confident to be myself, but I also get to educate our campus about sexual assault and consent. These are issues that I am very passionate about and being able to have a group where I can make a change is amazing. Because I am part of 1 is 2 Many I am able to help people, even when I’m not actively representing the organization. Since being part of the organization people feel more comfortable in discussing their experiences and they know I know the resources for them on campus. Overall, 1 is 2 Many is not only impactful for the students that directly interact with the organization, but it also prepares its members to help others outside of the group.” - 1 is 2 Many Student Advisory Board Member